

Care4You Medical Clinic

303-301 E. Columbia, New Westminster, BC, V3L 3W5 Fax: 604-525-4541 Phone: 604-525-5388

Welcome to Our Clinic

We prefer that you book appointments online at care4youmedical.com, but you may also schedule appointments by calling the front desk at 604-525-5388.

The Role of a Nurse Practitioner

A Nurse Practitioner (NP) provides comprehensive primary care similar to a family physician, including independent assessments, making diagnoses, ordering and interpreting diagnostic testing, prescribing medication, and referring to specialists. The only medication Hilary cannot prescribe as an NP is methadone. If you are taking methadone, you will need to ensure that you can access this prescription from a specialist if you would like Hilary to be your primary care provider.

Clinic Schedule

Appointments with Hilary are available Monday through Thursday. Mondays and Thursdays are typically for in person appointments in the clinic and Tuesdays and Wednesdays are typically for telephone and video appointments. Fridays are primarily administrative, but urgent concerns can still be addressed by calling the front desk.

In-Person vs Virtual Visits

In-person visits are required for issues needing physical exams (e.g., skin, joints, cough, fever, abdominal pain, eye problems, etc). Phone/video visits are appropriate for most prescription refills, blood work requests, or other concerns not requiring examination. If you book a phone or video appointment for a reason that requires an in person visit, your appointment may be cancelled and you would receive an email requesting that you re-book an in person appointment. If you are unsure what type of appointment you need, please call the front desk at 604-525-5388.

Same-Day Urgent Appointments

Limited same-day urgent appointments are available for health problems that develop or worsen quickly and need to be dealt with quickly. These must be booked by calling the clinic; please call as early in the day as possible once our phone lines open at 8:30am if you feel you have an urgent health issue.

After-Hours Care

An on-call provider is available evenings and weekends for urgent concerns that cannot wait until regular business hours but do not require emergency care. Call the clinic and leave a detailed voicemail including your name, telephone number, and really specific details about symptoms you're having or the health problem you're calling about and your call will be returned within 12 hours and the provider will assist you over the phone, if possible.

We look forward to welcoming you into our practice!

Sincerely,
Hilary Lang, NP and the Care4You Medical team